

*"The laughter of a child is the
light of the house."
-African Proverb*



Services:

- Infant mental health
- Child and adolescent therapy
 - Individual and group
- Parent-child therapy
- Parenting issues
- Parenting classes
- Professional workshops
- Consultation / supervision
- Master level internships
- Internet based or in office



Infant/Toddler Mental Health

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**Infant/Toddler
Mental Health**



**Creative mental
health therapies
for children.**

About US

The Kid's Therapy Center LLC is an agency dedicated to the emotional well-being of all children. Services are provided for infants and children of all ages as well as their caregivers.

About Infant/Toddler Mental Health

The first 4 years of a child's life has a profound impact on later development. Personal experiences and their environment generally affects brain development. Positive mental health now helps assure a bright future.

Infant mental health therapy is a mental health service provided to caregivers with children ages birth to five. The therapy consists of using music, touch, and play to help either the child or parent adjust to life stressors and build their relationship.



We help with:

- Adjustment to life events such as a parent going to war
- Healing from child abuse or neglect
- Sleep problems
- Eating disturbance
- Change in behavior such as:
 - Increase in tantrums
 - Afraid of a person or place

Other areas we help parents include:

- Adjusting to a baby born with a disability
- Adjusting to a baby born premature
- Attaching to an adopted child

For more information on our services, the different therapies we provide or up coming events please visit our website.

Common questions

Can an infant and toddler have difficulty with a bad event or even be traumatized from it?

Yes they can. The first few years of a baby's life are critically important. It is during these years that an infant builds his/her social/emotional development. Through those early relationships, children learn how to build trust and cope from the modeling provided. Our highly trained therapists educate caregivers on skills to build their infants social and emotional development through play, touch and music.

How is the parent involved?

Our Center understands that parents know their children best therefore we take great care in involving them in the therapy process. During an infant/toddler mental health session we educate and model the techniques for the parents to apply at home.

